

Soulmessage

There is a love that is waiting for you.
She is always there only you cannot see her
because you choose to.

There is a choice you can always make.
Every second every day. Yeah, selflove.
Yes its obvious, yes its shallow and still it is
deep. It is deeper than all. Because. no
because.

if you do if you be if you rest in with this love.
If you are and see feel hear know there is
love. If if if... there is peace.

It is not an escape it is an addition. An endless addition to every day every task.

And then you pause. forget, resist. And it is there with you for you from you. You can connect, not connect, you can realize, you can live, you can be this highest principle of human existence.

Try it. Dont make it a task, dont make it a burden, dont make it complicated. Make it joyful, make it opportunity, make it possibility, make it be it, make it yours. A blink of the eye and there you are.